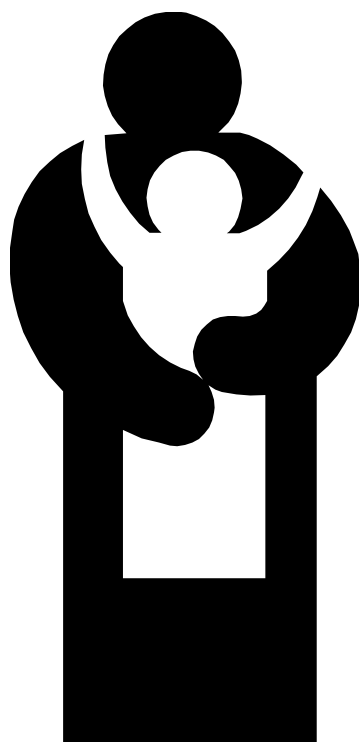


SOUTHERN ALAMEDA COUNTY

EARLY CHILDHOOD NETWORK

DIRECTORY

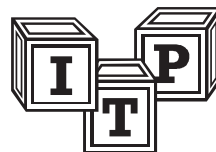


Fifth Edition: July 2005

Prepared by
Infant Toddler Program
City of Fremont Youth and Family Services

Please make copies and distribute this directory.

*Human Services Department
Youth & Family Services*



This directory is a work in progress.

The directory lists programs in southern Alameda County serving children 0-5 and their families.

To include a program in future editions, or to make changes or corrections, contact Reva Srinivasan at the Infant Toddler Program, Youth & Family Services, City of Fremont. Telephone: (510) 574-2124. Fax: (510) 574-2105.

E-mail: rsrinivasan@ci.fremont.ca.us.

For information about the Southern Alameda County Early Childhood Network, contact Reva Srinivasan at the listed numbers.

Programs are listed alphabetically, with cross-referencing in italics.

This directory was made possible by an Every Child Counts grant (funded by First 5 Alameda County).



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A Special Place—see Emergency Shelter Program/A Special Place

Alameda County Bookmobile program for preschoolers—see Hot Wheels

Alameda County Behavioral Health Care Services

The Early Childhood Consultation Program

303 Hegenberger Road, Suite 303, Oakland, CA 94621

Phone (510) 777-2103 Fax (510) 383-1760

Contact Person: Margie Gutierrez-Padilla, Program Coordinator

Services provided: Mental health consultation to early care and education programs in Alameda County. Mental health consultation includes child specific consultation, general consultation and program consultation. ECCP staff also provide direct mental health services, such as therapeutic play groups, individual play therapy or family therapy. We also provide training to early care and education staff on topics related to the social emotional development of young children.

Languages: Limited Spanish availability (Program Coordinator_

Eligibility requirements: Alameda county-wide. Geographic availability is mostly in North and South County. Ages served infancy through age five.

No cost to programs or families. Medi-Cal is billed for those children who are Medi-Cal insured.

Alameda County Child Abuse Prevention Council

Eden Multiservice Center

24100 Amador Way Hayward CA 94544

Phone 510-780-8989 Fax: 510-780-8710

Contact person: Janette Bormann, Child Abuse Prevention Coordinator

Services provided: Public awareness on child abuse prevention, mandated reporter training, Resource Guide, clinical training once a month with free attendance for members and free CEU credits. Council provides funds to CBO'S thru RFP process.

Web site: www.accapc.com

Languages: Can speak Spanish

Eligibility: No fee, can join Council at minimal cost to attend training

\$20 single membership

\$55 agency membership

Alameda County Child Care Planning Council

1401 Lakeside Drive, 11th Floor, Oakland, CA 94612

Phone 510 208-9675 Fax: 510 208-9579

Website: www.acgov.org/childcare

Contact person: Angie Garling, angie.garling@acgov.org

Services provided: The Child Care Planning Council advises the County Board of Supervisors and the County Superintendent of Schools on child care program and policy issues. We conduct research and publish reports on the local child care needs in Alameda County. Our most recent reports include a child care worker wages and benefits survey, an early childhood mental health resource guide, a comprehensive child care needs assessment and a child care economic impact report.

Languages spoken: Spanish, English

Alameda County Child Health and Disability Prevention (CHDP) Program

1000 San Leandro Bl., San Leandro, CA 94577

Phone 510-618-2070 Fax 510-618-2077

Call Public Health Clearinghouse 1-888-604-INFO (4636) or 1-800-427-7937 for information and appointments.

Services provided: program pays for medical & dental health check-ups. Exam includes: physical, dental, vision, and hearing screening, including lab tests. If child needs follow-up care, we will assist in finding resources.

Languages spoken: Staff have different languages capabilities, translation services available.

Eligibility: Free exams from birth through 20 yrs. for individuals with Medi-Cal.

Free exams for children birth through 18 yrs. for families within 200% of poverty.

Alameda County Library, Write to Read Adult Literacy Program -see Write to Read

Alameda County Public Health Department, Immunization Assistance Project (IAP)

1000 Broadway; Suite 500

Oakland, CA. 94607

Contact: (510) 267-3230

FAX: 510 268-2333

E-mail: renee.cohen@acgov.org

website: www.acgov.org/publichealth

Services: The Immunization Assistance Project works to ensure that all children, adolescents and adults in Alameda County receive all immunizations needed for good health. IAP maintains resource lists for free and low cost immunizations and provides referrals. The Program provides consultation and education to health care providers, child care, schools, parent and community groups and senior centers.

Languages spoken: English, Spanish

Eligibility: All residents of Alameda qualify for services.

Alameda County Public Health Department, Maternal, Child and Adolescent Health-Child Care

1000 Broadway, 5th floor, Oakland

Main Number 208-5980, Child Care 208-5963 Fax: 267-3270

Contact person: Juliana Quinn, Public Health Nurse 208-5963

Services: The Child Care Health Consultation Service offers classes, resources, handouts, and consultation to child care providers to improve the health and safety of child care environments and the children, families and staff in child care settings.

Languages spoken: Access to translators

Eligibility requirements for services: Child care providers in Alameda County, especially those who serve children in poverty.

Alameda County Public Health Department, Public Health Nursing

District One, Fremont and the Tri-Valley area.

39155 Liberty Street, Suite D470, Fremont, Cal. 94538

Phone (510) 795-2400 Fax (510) 792-8744

Contact person: Carrie Macias, Supervising Public Health Nurse and Regional Team Leader for District One. Telephone: 795-2409

Services provided: Public Health Nursing services include, but are not limited to: case-management, skilled professional assessments, case planning, coordination, consultation and follow-up with individuals, families and communities. Programs may include but not limited to: Maternal and Child Health, High-risk and Drug Exposed Children, Acute Communicable Disease, Tuberculosis and Aging/Adult Health

Languages spoken: Spanish, Tagalog, Cantonese.

Eligibility requirements: District One serves the population of Fremont, Newark, Pleasanton, Livermore, Sunol and Dublin. Major emphasis placed on mothers and children under 21 years of age. Communicable Disease follow-up is done on individuals of all ages. No financial requirement. Screening for appropriateness of referral done on an individual basis by Supervising Public Health Nurse.

The rest of Alameda County is covered by four other Districts.

Association of Professional Childcare Educators

P. O. Box 1373, Fremont, CA 94538

Phone: 510-651-1557 Fax: 510-683-9416

Web site: www.apcce.org

Contact person: Jan Green, APCCE President president@apcce.org

Services provided: Our mission is to train, educate, support and mentor family childcare providers to a higher level of expertise and to share this knowledge throughout our diverse communities.

Eligibility: We welcome child care providers, members & friends, and corporate supporters. Memberships range from \$35 to \$45 annually.

Black Adoption Placement and Research Center (BAPRC)

125 2nd Street, Oakland, CA 94607

Phone 510.839.3678 Fax: 510.839.3765

Contact person: Sylvia Mays

Services provided: Recruit, train and certify foster care and adoptive families for the placement of children waiting in the foster care system. Also provide post-placement services such as support groups, parent education, on-site therapy, resource referral and other family-centered activities.

Languages spoken: English

Eligibility requirements: BAPRC is licensed to serve families in 14 Northern California Counties. You must be at least 21 years of age to foster or adopt. Single families, individuals who rent, and those with and without parenting experience may apply.

Building Blocks Therapeutic Preschool Program—see Seneca Center/Building Blocks Therapeutic Preschool Program

Building Futures With Women and Children

1395 Bancroft Ave. #13, San Leandro CA 94577

(510) 357-0205 Fax: (510) 357-0688

Contact person: Tyra Hughes, MSW 357-0205 x 108

Services provided: We provide emergency shelter and transitional housing to 125 women and children. Residents of our shelters receive case management for themselves and their children, therapy, support groups, housing and job counseling, a children's program, tutoring, clothing and other services. We also provide court advocacy for survivors of domestic violence, a community support group for survivors of domestic violence, and a crisis line (1-866-A- WAY-OUT).

Languages spoken: English, Spanish

Eligibility requirements: Open to women with or without children who are homeless or homeless due to domestic violence. No children without parents except in the case of minors who are themselves parents.

CALICO (Child Abuse Listening, Interviewing and Coordination) Center

524 Estudillo Avenue; San Leandro, CA 94577

Phone: (510) 895-0702

Fax: (510) 895-0706

email: calicocenter@yahoo.com

website: www.calicocenter.org

Contact Person: Ginni Ring, Executive Director - see above

Services provided: Nonprofit child-friendly facility to de-traumatize child abuse investigation, provide collaborative response, and advocate for families. Conduct evidentiary and fact finding interviews by referral from law enforcement or social services only of child abuse victims ages 2 - 18 in Alameda County. Provide educational outreach, information and referrals to families and community groups about child abuse intervention, investigations, prevention and treatment.

Languages: English, Spanish, Interpreters available by phone

Eligibility Requirements: Alameda County service providers, county agency professionals, individuals, families and community groups may access services.

California Children Services (CCS)

Main office: 1000 Broadway Suite 500, Oakland, Ca. 94607

Phone 208-5970 Fax (510) 267-3254

Southern Alameda County Contacts:

Bay MTU

2001 Bockman Rd., San Lorenzo, Ca. 94580

317- 4355

Fax (510) 278-8246

Contact person: Janice Darche, Supervising Therapist

Glankler MTU

39207 Sundale Dr., Fremont, Ca. 94538

651-1312

Fax (510) 661-0472

Contact person: Lisa Halperin, Supervising Therapist

Services: CCS is a statewide program that assists children under the age of 21 who have a serious medical condition and require specialty medical care. A staff of physicians, nurse case managers and social workers assures that the clients receive appropriate, comprehensive care. CCS Medical Therapy Units (MTUs) provide occupational and physical therapy at school-based clinics. There are five MTUs in Alameda County. Physicians and therapists develop and implement individual rehabilitation plans to promote the optimal functioning of each medically eligible child.

Eligibility: There is no financial eligibility requirement for these therapy services.

A CCS application signed by the child's parent or legal guardian is necessary for all services not covered by Medi-Cal and must be submitted to the main office.

Health insurance must be used to its full extent. Anyone can refer a child to CCS. The following information must be furnished to the main CCS office by mail or FAX:

1. Child's name, date of birth, address and phone number
2. Social Security or Medi-Cal number.
3. Written medical report
4. Name of preferred specialist, if known.

California School Age Family Education (Cal-S.A.F.E.)

Fremont Unified School District

4210 Technology Drive, Fremont, California 94538

(510) 659-2531x353 Fax: (510) 659-2532)

Contact Person: Edith Jean Cheatham, Coordinator

Services: Free child development services and high school completion program for pregnant and parenting teens in Fremont, Milpitas, New Haven and Newark Unified School Districts.

Language Spoken: Access to interpreters of all languages.

Eligibility Requirements: All services are free to school age students up to age 18. An 18 year old may receive services if they were enrolled prior to their 18th birthday. Special Education students with an active I.E.P. may remain in the program until they are 22 years of age.

CAPE Inc. (Community Association for Preschool Education Inc.)

1328 Concannon Boulevard

Administration: (925)443-9380

Livermore, CA 94550

Enrollment: (925)443-3434 ext.108

FAX: (925) 443-0310

Enrollment Contact Person: Lisa Towles

Services: Comprehensive Head Start / Early Head Start full/extended/part day programs to low income children 0-5 and families, pregnant mothers, and children with exceptional needs in the Tri-Valley area (Dublin, Pleasanton, Livermore, Sunol and Mountain House.)

Eligibility Requirements:

- Must meet Federal low income guidelines
- Tri-Valley residents (South Eastern Alameda County)
- Children ages: 0-5 and pregnant teen mothers
- Children with exceptional needs

Care Program—See Children's Hospital Care Program

Center for Speech, Language and Occupational Therapy, Inc.

3775 Beacon Avenue, Suite C, Fremont, CA 94538

Phone: 510-794-5155 Fax: 510-794-1912

Website: www.cslot.com

Contact person: Jen Bautista (office manager), Kathy Goldt (Clinical Director)

Services: Four offices available: San Jose, Los Altos, Fremont and Pleasanton.

Center provides individual and/or small group Speech, Language, and Occupational Therapy services to children (all ages, including 0-3) and adults.

Types of disabilities served include, but are not limited to, receptive and expressive language delays, Autistic Spectrum Disorders, Cerebral Palsy, Down's syndrome, articulation, phonology, apraxia, and pragmatics (social), sensory dysfunction, gross and fine motor delays.

Languages: English speaking, currently bilingual groups available for Spanish/English in San Jose clinic.

Eligibility: Regional Center eligible children (0-3) can be funded for services at our center. In addition, we are contracted with insurance companies and accept Medicare and private pay. We have non-public agency status. Need for services will be determined by an evaluation at this Center if a prior evaluation has not been completed.

CCEC—see Community Counseling and Education Center

Chabot College Children's Center

25555 Hesperian Blvd, Bldg. 3500 Hayward, CA 94545

Phone: (510) 723-7533 or -6684 Fax: (510) 723-7292

Contact: Jammie Shreve-Antonini, Family Resource Coordinator

Services: Referrals to local family resources and services. The center frequently offers parent/child development workshops for families of children 0-5 yrs.

Kindergarten Readiness Sessions for 4 & 5 year-olds will be offered in 8-week cycles starting July 2005.

Language: English, translation services available upon request prior to meeting

Eligibility: Must be a parent of a child 0-5 years old and a resident of Alameda County

Child Abuse Prevention Council—see Alameda County Child Abuse Prevention Council

Child Care Links

39155 Liberty Street D-430, Fremont, CA 94538

Phone: 510/791-9256 Fax: 510/713-0385

www.childcarelinks.org

Contact person: Shirley McPherson, Program Director

Andrea Finley, Associate Program Director

Services provided: Income-eligible families can receive funds to pay for child care and also education on how to find quality child care services.

Languages spoken: English and Spanish

Eligibility: Child Care Links subsidy program covers the Tri-City and Tri-Valley area with other subsidy programs carried out in other geographic locations as defined by specific contracts. Eligibility is based on income, need, and family size. We use guidelines from County, State and Federal funding sources.

Child Health and Disability Prevention (CHDP) Program, Alameda County
—see *Alameda County Child Health and Disability Program*

Childhood Matters

PO Box 1212, Berkeley, CA 94701

Phone: 877-372-KIDS

Contact person: Susan Karp, Producer, Childhood Matters

Norbertha Torres, Producer, Nuestros Ninos

Services: Childhood Matters, the radio talk show for parents and others who care for kids, is broadcast every Sunday morning from 9 to 10 am on 98.1 KISS-FM.

Host Rona Renner, RN, an experienced parent educator, and guest experts address a wide range of parenting issues offering sound, practical advice and referrals in a respectful and culturally sensitive context. The Web site,

www.childhoodmatters.org, provides links to community resources and downloadable files of all previous shows.

Nuestros Niños is broadcast in Spanish every Sunday morning from 8-9AM on 1170 AM and KBBF 89.1 FM. Previous shows can be heard on the web site at www.nuestrosninos.com, which also includes tips and resources. The host is Dr. Marisol Muñoz-Kiehne, a Clinical Psychologist practicing through Community Mental Health Division in Marin County.

Languages spoken: English, Spanish.

Eligibility: Anyone can listen on the radio and can call in to participate in the conversation. The broadcasts reach all Bay Area counties, and most of 19 Northern California counties.

Children's Fairyland

699 Bellevue Avenue, Oakland, CA 94610

Phone: (510) 452-2259 Fax: (510) 452-2261

www.fairyland.org

Contact Person: Barbara Griffin, Client and Management Services

Services Provided: Children's Fairyland, Inc. is a 501(c)(3) non-profit corporation that has had a fifty-three year history in the heart of Oakland with a mission to provide a family centered environment that stimulates a child's imagination, creativity and desire to learn through fairy tales, interactive exhibits and related arts and nature programs. Thirty colorful sets depict the make believe world of Alice in Wonderland and many other beloved fairy tales and nursery rhymes among beautifully landscaped gardens, and nearly thirty gentle farm animals. Puppet and Children's Theatre shows enthrall young audiences with fairytales from around the world, while storytellers, dancers, and musicians from multi-cultural backgrounds entertain as they educate young visitors to the park. Other programs include: Summer Camp, Overnights, Field Trips, Park Rentals, Children's Theatre, Catered Birthday Parties, and an annual Jack O'Lantern Jamboree Celebration.

Children's Hospital CARE Program

(Community: Attachment: Relationship: Education)

747 52nd Street, Oakland, CA 94609

Phone: 510-428-3407 Fax: 510-238-9769

Contact person: Sara Grunstein

Services provided: Extensive and in-depth developmental and relationship assessment and treatment. Services are community based (home or office based). The focus of the interventions is the parent-child relationship.

Languages spoken: English and Spanish.

Eligibility: We are currently serving families who reside in Northern Alameda County; services are provided in Oakland, Berkeley, Hayward and San Leandro. Child must be 0-5 years of age. Target population includes children who have suffered separation and loss of attachment figures; children with or at risk of disordered attachment patterns; children who have witnessed or suffered violence or abuse; children who are experiencing sleep, feeding or other disorders regulated to regulation; and children at risk because parents are mentally ill, including suffering from post-partum depression, psychosis, or substance abuse.

**Children's Hospital Division of Developmental and Behavioral
Pediatrics/Neonatal Follow Up Program**

747 52nd St., Oakland, Ca. 94609

428-3006

Contact Person: Surry Bunnell

Services Provided: Monitoring and intervention for babies discharged from neonatal intensive care units and their families in the areas of health, development and mental health. Services are provided by a multidisciplinary team with each family being assigned a primary case manager.

Languages Spoken: English, Spanish, limited Cantonese

Eligibility Requirements: Babies are identified in Neonatal Intensive Care Unit rounds. Some referrals are taken directly from pediatricians but this is very limited. Referrals are not taken from outside agencies. The program does serve all of Alameda County. Families can be seen until the infant is 3.

City of Fremont Infant Toddler Program, Youth & Family Services—see Infant Toddler Program

City of Fremont Family Resource Center—see Fremont Family Resource Center

City of Fremont Tiny Tots Program

3350 Capitol Avenue, Fremont, CA 94538

Phone: 510-494-4349 FAX 510-494-4753

Contact Person: Katie Foxx

An enrichment preschool program serving ages 1- 5 years. Various classes throughout Fremont. Parent and child classes, enrichment programs and Pre-K class available.

Staff speak: English, Hindi, Farsi, Svenska and Dutch

No eligibility requirements. Program financed by fees. Some scholarships available.

Community Association for Preschool Education Inc.—see CAPE Inc.

Community Child Care Coordinating Council (4C's) of Alameda County

22351 City Center Drive, Hayward, CA 94541

Phone 510-582-2182 FAX 510-582-1552

Contact: Meena Kumar

and

39155 Liberty Street, D410, Fremont, CA 94538

Phone: 510-574-2160 FAX 510-574-2164

Contact: Meena Kumar

Services: 4C's provides child care resource and referral services in southern Alameda County. This includes free referrals and information about choosing child care for parents and resources, support and training for child care providers. 4C's also provides child care payment services for CalWORKs participants and families needing respite care.

Languages: English, Spanish, Mandarin, Vietnamese, Hindi and Konkani

Community Counseling and Education Center (CCEC)

3775 Beacon Second Floor, Fremont, CA

Phone: 510.792.4964 Fax: 510.792.4928

Contact person Dorothy Quandt, MACP, MFTI 510.792.4964 ex 230

Services provided: The Family Support Program provide support services to families who are having concerns regarding their child's development, behavior, or who are wanting to improve their relationship with their child. The services are provided in the home. Parenting/Play Groups are also available for parents to meet similar families and learn from each other.

Languages spoken: English

Eligibility: Any child who is between 0-5 and attends daycare. The area served is from Fremont to Castro Valley. Services are free.

Davis Street Family Resource Center

3081 Teagarden Street, San Leandro 94577

Phone: 510-347-4620 FAX 510-483-4486

Contact Person: Jeanine Edmond

Family Support Services: Subsidized and private childcare, food bank, free acute medical, counseling and mental health services, job training, clothing program, holiday baskets, parent ed, legal aid, early literacy training, resource & referral.

Languages spoken: English/Spanish

Eligibility: Serving low income people and children living or working in San Leandro, San Lorenzo, Castro Valley, Ashland, and Cherryland.

East Bay Community Recovery Project, Hayward Division

22971 Sutro St., Suite A, Hayward, CA 94541.

Phone: 510-728-8600 FAX: 510-728-8605

Contact persons: Dewey Dempsey, Program Director, and Aurjoon "Rai" Ghosh, Clinical Director.

Services provided: We provide services to adults with substance abuse and mental health problems. Our clients may be mandated by legal authorities but we also accept self-referrals from individuals desirous of treatment. All a client has to do is call our number for consultation and an intake appointment.

Early Childhood Consultation Program—See Alameda County Behavioral Health Care Services Early Childhood Consultation Program

Emergency Shelter Program/ A Special Place

Phone: (510) 782-6635 Fax: (510) 782-6041

Contact person: Vincent Cheng

Services: Two parts: 1. Offer support and shelter to homeless and domestic violence impacted women and children. 2. Child Care to families with children 2 months-5 years of age.

Eligibility: We accept all subsidies along with having our own in-house subsidy funded by Tri-Cities Children's Center, which is income based. We also accept community families who can afford the child care fees themselves.

Every Child Counts--First 5 Alameda County

1100 San Leandro Blvd., Suite 120, San Leandro, CA 94577

Phone: (510) 875-2400 Fax: (510) 875-2410

Contact: Mark Friedman, Executive Director

Services provided: Every Child Counts, funded by First 5 Alameda County, serves families with children from birth to age 5. Our goal is to ensure that every child in the county reaches his or her developmental potential in school and in life. Program components include home visits by public health nurses to women delivering in specific hospitals, intensive family support for families in need or with medically fragile babies, access to parenting information through our website (www.ackids.org), grants to community based organizations who serve young children, and stipends for child care staff who achieve specific levels of education and experience. Every Child Counts also funds the Annual Child Care Fair.

Languages Spoken: English, Spanish, Cantonese

Family Resource Center (South Hayward Neighborhood Collaborative)

27287 Patrick Ave

Hayward, Ca 94544

Phone: 510-782-0188 Fax: 510-782-4326

Lead Agency: La Familia Counseling Service, 26081 Mocine Ave.

Hayward, Ca 94544. Phone:(510)-881-5921

Contact person: Karen Norell, Coordinator

Services provided: Emergency Food Pantry, Clothing Closet, Housing/Rental Assistance, Health Insurance Assistance, Parent workshops, Partner Clinics; Free Pregnancy Testing, Children's Immunizations, Medi-Cal Eligibility, and Case Managers to help families in need or crisis.

Languages spoken: English and Spanish

Eligibility requirements for services: We serve families from South Hayward and often from Hayward at large.

Family Resource Network of Alameda County

5232 Claremont Ave. Oakland, CA 94618

Phone: (510) 547-7322 Fax number : (510)658-8354

Services provided: Individual peer parent support, information and advocacy for families of children birth to 22 who have disabilities and or special health care needs. Five support groups offered throughout the county(two for Spanish speaking parents). Lending library, Resource Directory and other publications. Assistance in accessing entitled services including early intervention, special education, regional center, CCS etc.

Languages spoken: English, Spanish, Vietnamese

Eligibility requirements for services: Alameda County families whose children (birth-22) have a disability/special health care need or families who are concerned about their child's development and are in need of referral for assessment to identify a disabling condition and subsequent eligibility for services. Support and information to professionals serving children with disabilities and their families. All services are FREE. There are no income requirements.

Family Support Services of the Bay Area

554 Grand Ave., Oakland, Ca 94610

Phone: 510-834-2443 Fax: 510-834-1548

Contact person: Judy Levin, Associate Director

Services provided: We provide respite, family preservation and kinship services to Bay Area families. We hire and train staff to provide quality child care to special needs children. We provide assistance to families at risk of having their kids removed from the home and also to families with relative caregivers.

Languages spoken: English and Spanish

Eligibility: Families must reside in Alameda and Contra Costa Counties. Eligibility varies by program. Please call Judy Levin for more information.

Fremont Fair Housing and Landlord Tenant Services

39155 Liberty Street, Suite D440 ,Fremont, CA 94538

Phone: 510-574-2270 Fax: 510-574-2275

www.housing.org

Contact person: Mark Thomasee

Services provided: Information and assistance in housing discrimination matters for persons seeking housing and in landlord-tenant conflicts. We can investigate complaints, attempt to reconcile the dispute and if necessary assist in litigation.

Languages spoken: English, Spanish, others via access line

Eligibility: Fremont residents only

Fremont Family Resource Center

39155 Liberty Street, Fremont, CA 94537

Phone: 510-574-2000 Fax: 510-574-2224

Contact: Judy Schwartz, Administrator

Services provided: The Fremont Family Resource Center (FRC) is a centrally-located place where families of all kinds can find resources and services that are of value to them. Over twenty different State, County, City, and Non-profit agencies are co-located to provide a host of integrated health and social services. These include adult and youth employment, cash aid, food stamps, child care information and referral, counseling, public and mental health services, housing information, parent support services, educational programs, domestic violence prevention, workshops and support groups, and immigration services.

Languages spoken: English, Farsi, Pashtu, Vietnamese, Spanish, Korean, Mandarin, Hindi, Malayalam

Eligibility: Varies by program

Family Support Services

The FRC provides Family Support Services to assist Fremont families in resolving complex problems. A Case Manager works with families to develop an action plan based on the goals the family sets for itself. The program provides information about options, tools, and access to resources needed to resolve or stabilize the situation. Family Support Services can be reached at 574-2100 and offers services in English, Spanish, Mandarin and Taiwanese.

Services for families with young children that are located at the Family Resource Center are described in this Directory.

Fremont Healthy Start Family Support Center

43030 Newport Dr., Fremont

Phone: (510) 656-4206 Fax: (510) 656-0460

Contact person: Giselle Vieto

Services provided: Case management, counseling, information & referral, health insurance applications, school advocacy, health appointments (physical, glasses, Immunizations, etc), translations, interpretations

Languages spoken: Spanish, Farsi, Pashtu, Korean, Mandarin, Vietnamese

Eligibility: For health insurance--Alameda Co resident (low to mid income); other services--Fremont residents, low income

Fremont Unified School District Robertson High School Teen Parenting Program—see Robertson High School

Fremont Unified School District State Preschool—see State Preschool

Fremont Unified School District Early Childhood Special Education

(centered at Glankler School)

Glankler School

39207 Sundale Drive

Fremont, CA 94538

Phone: (510) 651-1190 Fax : (510) 651-4201

Contact person: Karen Fokken, Secretary

Services provided: Glankler School is the home base for public special education provided by F.U.S.D. for special needs children aged 0-5. The District provides coordination of infant programs for “low-incidence” disability children and special education and integrated preschool classes, speech and language services and intensive autism intervention for eligible children aged three-five. The infant and preschool assessment team begins the referral process.

Languages spoken: English, Spanish, Mandarin, Urdu

Eligibility requirements for services: Services are available to all children aged 0-5 who reside in Fremont and who qualify for special education.

Fremont WIC Program

39155 Liberty Street, Suite H-840, Fremont, CA 94538

(510) 795-2456 only on Fridays; (510) 670-6465 Mondays-Thursdays

Fax: (510) 670-5221

Contact Person: Kathleen Willkom-Nicholas

Languages spoken: Spanish, English, Filipino, Chinese

Eligibility:

1. Pregnant/Breastfeeding/Postpartum women
2. Children 0-5 years old
3. Income guidelines: based on family size and family gross income

Friends of Children With Special Needs

2300 Peralta Blvd, Fremont CA, 94538

Phone: (510) 573-3232 Website: www.fcsn1996.org

Contact Person: Josephine Chou

Services Provided: Family Support Groups, therapy classes, yoga classes, integrated playgroups, afterschool programs, speech consultation

Languages Spoken: Chinese (Mandarin and Cantonese) English

Eligibility Requirements for services: Children with Special needs and their families. Children with developmental disability such Autism Spectrum Disorder, Down Syndrome, Cerebral Palsy, Learning Disability, ADHD and other developmental delays or disabilities.

Hayward Adult School Parenting Education—see Parenting Education

Head Start—see Southern Alameda County Head Start

Healthy Start—see Fremont Healthy Start

Hot Wheels-Alameda County Bookmobile program for preschoolers

Alameda Co. Library Extension

2450 Stevenson Blvd., Fremont CA 94538

Phone (510) 745-1476 Fax (510) 745-1494

Contact person: Steve Perrier

Services provided: Hot Wheels is a library program for preschoolers from ages 2-5 that visits large centers, Head Start, Kidango and small home childcare providers (6-20 children 0-5 in age). Our goal is to introduce children to books and stories and hopefully a love of reading and to help get them kindergarten ready. We also provide teachers with materials (books, CD's, videos, CD-ROM's, puppets) and programs

Eligibility requirements: Hot Wheels serves licensed preschool providers in the Alameda County Library service area; Dublin, Unincorporated areas of San Leandro and Hayward, San Lorenzo, Castro Valley, Newark, Union City, and Fremont. We cannot provide service to those cities that have city-funded libraries. Providers must have 6 children or more in their care who are allowed to check out books for use between monthly visits.

The Infant Toddler Consortium

5236 Claremont Avenue, Oakland, CA 94618

Phone 510 658 9189 FAX 510 658 2067

www.infanttoddlerconsortium

Contact person: Pam Pryfogle, Program Manager 209-392-2900

Contact email: pryfogles@aol.com

209 392 2900

Services: The Infant Toddler Consortium is a membership organization focused on supporting and training those who care for our youngest children. The Consortium provides low cost, multilingual trainings and networking opportunities to infant and toddler caregivers, managers, policy makers and parents. The Beginning with Babies Discussion Series, the Baby Steps Workshop Series and the Baby Steps Center Startup Series are some of the excellent, affordable, practical and available trainings offered through The Infant Toddler Consortium. The Infant Toddler Consortium endeavors to provide its services state wide to all entities serving Infant Toddler Caregivers and will assist in soliciting funding for training projects.

Infant Toddler Program—Youth and Family Services City of Fremont

39155 Liberty Street, Suite E500, Fremont, CA 94537

Phone: (510) 574-2100 Fax: (510) 574-2105

Contact person: Reva Srinivasan, 574-2124

Services provided: Therapy for families with children 0 through 4 to improve parent-child relationships. Home visits or office sessions depending on family preference. Case management available when families need help obtaining other services.

Languages spoken: English, Spanish, Hindi, Tamil

Eligibility requirements: Child under 5 years old, family living in Fremont, Newark or Union City.

Jeena

1510 Centre Point, Milpitas, CA 95035

Phone : (408) 957-0481 Fax:(208) 439-3759

Contact Rajni Madan

Website: <http://www.jeena.org>

Services provided: Parent support groups, Playgroups, Bollywood Dancing, Peer Interaction, Music Therapy and Parent education and workshops that take into account cultural differences. Limited financial support to needy families for therapy/intervention services.

Languages spoken: Hindi, Punjabi, Tamil, Bengali, Urdu, Kannada, and most other South-Asian languages.

Eligibility requirements for services: Jeena is self-help group for South East Asian families with children with developmental, genetic or neurological disorders (eg., autistic spectrum disorders, cerebral palsy, epilepsy, language disorders)

Kidango

Kidango Child Development Services

Administrative office: 4533 Mattos Drive, Fremont, CA 94536-6736

Phone: (510) 744-9280 Fax: (510) 744-9374 website: www.kidango.org

Contact Person: Rose Juarez, Director of Education (510) 744-9280 ext. 26

Email: rjuarez@kidango.org

Services Provided: Offers part-day and full-day childcare and child development services for children age newborn to 5 years old. Provides subsidized childcare for low income parents who work, attend school, attend job training or have special needs. Centers are located in Fremont (8), Union City (10), Newark (2), Hayward (2), Dublin (1), Livermore (2) and other bay area cities

Languages spoken: English, Spanish. By arrangement: Tagalog, Chinese (Cantonese, Mandarin), Farsi, Portuguese, Urdu, Vietnamese

Eligibility requirements for services: Birth to 5 years. For subsidized services, families must meet State/Federal requirements or other funding requirements, for example, low to moderate income.

Kidango Early Intervention Services

Administrative office: 4533 Mattos Drive, Fremont, CA 94536-6736

Phone: (510) 744-9280 Fax: (510) 744-9374 website: www.kidango.org

Contact Person: Karen Baas, Director of Early Intervention Services (510) 744-9280 x 101

Email: kbaas@kidango.org

Services Provided: Provides early intervention services, both at home and center-based services, for children who have special needs ages birth through three. Services are free to qualifying children.

Languages spoken: English, Spanish. By arrangement: Tagalog, Chinese (Cantonese, Mandarin), Farsi, Portuguese, Urdu, Vietnamese

Eligibility requirements for services: Birth to 3 years. Client of the Regional Center.

Kidango Mental Health Services

Administrative office: 4533 Mattos Drive, Fremont, CA 94536-6736

Phone: (510) 744-9280 Fax: (510) 744-9374 website: www.kidango.org

Contact Person: Julie Kurtz, Director of Mental Health Services (510) 744-9280 x 25

Email: jkurtz@kidango.org

Services Provided: Provides mental health and support services to families who have concerns about their children's behavior and development. Services may be free to qualifying children.

Languages spoken: English, Spanish. By arrangement: Tagalog, Chinese (Cantonese, Mandarin), Farsi, Portuguese, Urdu, Vietnamese

Eligibility requirements for services: Birth to 5 years. Families must meet funding requirements, for example, low to moderate income to qualify for free services.

La Familia Counseling Service

26081 Mocine Avenue, Hayward, CA 94544

Phone: (510) 881-5921 (ext. 110) Fax: (510) 881-5925

Contact person: Luann L. DeVoss, Ph.D.

Services provided: Family and individual therapy. We see adults, adolescents and children. We treat individuals, couples, families and provide some group therapies.

Languages spoken: Spanish, English, Farsi, French

Eligibility requirements for services: Children with Medi-Cal can receive services at no cost. For the infants and toddlers the therapy usually takes the form of treating the parent / infant dyad. From age 3 and up the therapy can be focused on this dyad, on the family unit as a whole, OR can be individual play therapy for the child. We accept Victim of Crime funding for all our services, and we have a sliding scale (\$90. to \$25.) for patients who do not have Medi-Cal or Victim of Crime funding. While we specialize in meeting the therapy needs of the Latino community, we are committed to providing psychotherapy services to all those in need.

Lawrence Hall of Science

1 Centennial Drive

University of California, Berkeley, Berkeley, CA 94720-5200

www.lawrencehallofscience.org

Contacts:

Ellen Blinderman (510) 643-7687

Victoria Deardorff (510) 642-7619

FAX (510) 642-1055

Services provided: The Lawrence Hall of Science is a resource center for preschool through high school science and mathematics education, and a public science center with exciting hands-on experiences for learners of all ages. The Hall provides services to children, parents, educators, and policymakers seeking to improve the understanding and increase the enjoyment of science and mathematics. Through on-site and through extensive outreach efforts, LHS brings workshops, assemblies, festivals and classes to more than 350,000 students annually in California and beyond.

Languages spoken: English. Spanish instruction provided by arrangement.

Eligibility requirements for services: students, teachers, families, and the public at large. Admission \$8.00 (ages 19-61), \$6.00 (5-18, student, disabled, over 62), \$4.00 (ages 3-4), free to members and children under 2. Groups rates available with advance reservations.

Lincoln Child Center Kinship Support Services Program (LCC KSSP)

Address: 22245 Main St., Suite 102, Hayward, CA 94541

Telephone: (510) 583-8026

Fax: (510) 583-8060

Website: www.lincolncc.org/kinship

Email: kinshipservices@lincolncc.org

Services provided: 1. social services information, referral and advocacy, 2. case management, 3. Relative Caregiver Support Groups, 4. group respite, 5. education/training

Languages spoken: English

Eligibility: LCC KSSP is a community based, family centered support and resource program for residents of central, southern and eastern Alameda County who are raising a relative's child(ren), i.e. grandparents raising grandchildren.

Luna Kids Dance

P.O. Box 8058, Berkeley, CA 94707

Phone: 510-644-3629 Fax number: 510-644-3657

Contact person: Nancy Ng

Services provided: We provide free parent/child dance classes through our MPACT (Moving Parents and Children Together) program for families in the process of reunification after foster placement.

Languages spoken: English and Spanish in office (classes currently in English)

Eligibility requirements: Most classes take place in Oakland, although we will offer on-site class at any location in Alameda County.

Nuestros Niños—see Childhood Matters

Parenting Education Department, Hayward Adult School

Laurel Center

2652 Vergil Court, Hayward, CA 94546

Phone: (510) 293-8599 Fax: (510) 889-1309

website: www.haywardadult.org

Contact: Linda Trame (ltrame@husd.k12.ca.us)

Services: Over 20 low-cost activity classes for parents and children (birth to age 5) held 6 days a week, including: Babies, Toddlers, Twos, Threes, Kindergarten Readiness, Movement Magic (Kids Gym) and 3 Preschool classes in Spanish. Three Parent Co-op Nursery Schools. CPR and Health & Safety for Child Care Providers. Classes at and for Family Court. Evening classes, including Signing with Baby. Other classes throughout the community.

Languages spoken: Classes held in English & Spanish; serve parents who speak all languages.

Eligibility: We serve any adult in a parenting role, including fathers, mothers, grandparents, nannies and caregivers. Parent and young child activity classes are for ages 0-5. Classes are low-cost or no cost, scholarships are available. Classes are held in Hayward, but serve all geographic areas.

Parental Stress Service

Main office, 1727 Martin Luther King Jr. Way, Oakland, 94612

Hayward office: 22455 Maple Court, Suite 402, Hayward 94541

Fremont office: 39155 Liberty St., Fremont

Main business # (510) 893-9230

Web site: www.psshelps.org

Hot line and all Referrals # (800) 829-3777 or (510) 893-5444

Foster Pal line (888) 580-3725

Contact person: Early Childhood Mental Health Program (ECMH), Lesley Sternin.

Services provided: In home/office infant/child parent psychotherapy for birth to 5 year olds, in home/office counseling and case management services 5-21 years, adult counseling, parenting classes, hot-line, including one for foster parents and respite care.

Languages spoken: English, Spanish and Hindi.

Eligibility requirements: For ECMH and FIT child must have full scope MediCal and have a DSM diagnosis. ECMH sees birth to five and FIT five to twenty-one.

Main Office, 1727 Martin Luther King Jr. Way, Oakland, 94612

Hayward office: 22455 Maple Ct. Hayward 94541

Fremont office: 39155 Liberty St. Fremont

Main business # (510) 893-9230

Hot Line and referral # 893-5444 03 (800) 829-3777

Oakland: 893-2074

Hayward: 582-8460

Fremont: 790-3805

Contact person: Lois Gray, FIT, Lesley Sternin, Counseling

Services provided: PSS offers parenting classes, a hot line -including one dedicated to foster parents, respite services in addition to counseling and case management services.

Languages spoken: English and Spanish

Eligibility requirements: For Families In Transition (FIT), child must have full scope Medi-Cal and have a DSM diagnosis. We have a very few hours for adults with the same (Medi-Cal and DSM diagnosis). We see clients anywhere in the county, children ages between 1-21 years. The Counseling program provides in-office therapy for clients referred through the ACCESS program, who have Victims of Crime funding or can pay privately. Counseling also has a small grant to serve families at risk of abuse or neglect who do not otherwise qualify for services.

Public Health Nursing—see Alameda County Public Health

Regional Center of the East Bay

7677 Oakport Street, Suite 300 Oakland 94621

Phone: (510) 383-1200 Fax: (510) 633-5020

Website: www.rceb.org

Contact: Intake Coordinator, 510-383-1312 (children 3 and older)

Kiyomi Jung, Early Intervention Intake Coordinator, 510-383-1355
(children 0-3)

Brenda Pineda, Early Intervention Intake Coordinator
(Spanish-speaking), 510-383-1327

Services: We are a resource agency for children, adults and families with developmental disabilities. We provide assessments, indirect service supports, family support in the form of case management services, school advocacy, information and referrals and service coordination.

Languages: Varies from division to division

Eligibility: We serve Alameda and Contra Costa Counties, no financial requirements and all ages with a diagnosis of a developmental disability (i.e. mental retardation, cerebral palsy, epilepsy, autism, disabling conditions closely related to mental retardation or require similar treatment). Early Intervention serves infants from birth to three years who have or are at risk of having a developmental disability. There is no cost to families for Early Intervention services.

Robertson High School Teen Parent Program**Fremont Unified School District**

Address: 4455 Seneca Park Ave. Fremont, 94538

Phone: 657-9155 Fax: 657-5535

Contact: Barbara Smith

Services: Continuation high school graduation track courses for students through age 18. Childcare provided on our campus site

Languages: I speak only English, others can be accommodated

Eligibility: Pregnant teens, or teens with children needing high school credit/diploma

SAVE—See Shelter Against Violent Environments

Seneca Center/Building Blocks Therapeutic Preschool Program

2370 Grande Vista Place Oakland, CA 94601

Phone:(510) 434-7990

FAX: (510) 434-7991

Contact person: Laura Sprinson, Program Director

Services provided: An early intervention program with a ratio of 1 staff to every 3 children, which provides therapeutic and educational services to children with behavioral and emotional problems. Includes weekly individual therapy incorporating sand tray, art, music and drama therapy, weekly Parent Support and Education group and daily experiences within a developmentally appropriate school model. The curriculum is developmentally based, balancing structure and freedom, and all activities are designed to build the children's self esteem, self-control and pre-academic skills. The educational focus is on preparing children for kindergarten in all areas of development, but especially those areas in which the child may have deficits.

Languages spoken: English and Spanish

Eligibility requirements: Must be eligible for Medi-Cal and an Alameda County resident. Must be 2 to 6 years old with behavioral and/or emotional problems.

Shelter Against Violent Environments

39155 Liberty Street, Suite C310 Fremont, CA 94538

Main Office: 510/574-2250 Hotline: 510/794-6055

Fax Number: 510/574-2252

Rodney Clark, Executive Director

Services provided: Assistance to victims of domestic violence including shelter, transitional housing, case management, help filing restraining orders, individual and group counseling. We work with local Police Departments and hospitals. 24-hour hotline. Services at the shelter include on-site support groups (Survivors of Domestic Violence, Drug Use/Abuse Awareness, Conscious Parenting) and children's program. Free drop-in support groups Tuesdays and Thursdays 7-9 p.m.

Languages spoken: English, Spanish, Language Line access

Eligibility requirements for services: For shelter services, must be a victim of domestic violence (women and their children only); for counseling services must have been affected by domestic violence.

Southern Alameda County Head Start Program

35699 Niles Blvd. Fremont, Ca. 94536

Phone (510) 796-9512 FAX (510) 796-4326

Contact person/s: Admissions/ Cindy Chavarria, Human Resources/Lorraine DaSilva, Family and Community Partnerships/ Frances Wilson

Services provided: FREE part day and full day services to eligible families who reside in Fremont, Newark, Union City, Hayward, San Leandro, San Lorenzo and Castro Valley. Comprehensive part day pre school program for children 3-5 years old and full day care for working and/or student parents with children 0-3 years old. Also serving pregnant women and children with disabilities.

Languages spoken: English, Spanish, Farsi

Eligibility requirements: age (0-5 years), income (meets low income guidelines) and immunization record

State Preschool - Fremont Unified School District

4210 Technology Dive, Fremont 94538

Phone: 510-659-2579 Fax: 510-659-2532

Contact person: Beverly Taub

Services provided: The State Preschool Program serves income-eligible families in the Tri-Cities area. Classes meet 5 days a week for 3 hours at several sites.

Languages spoken: English, Spanish

Eligibility requirements: Eligibility follows state preschool income guidelines.

Teen Parent Program—see Robertson High School

Tennyson Parent Nursery School

27552 E. 11th Street, Hayward 94544

Phone: 510-581-3995 Fax number is telephone number (call first)

Contact person: Karen Gelender, Director

Services provided: TPNS is a parent participation preschool program for families with children ages 2 1/2 - 5 years old. We have two joyful 2 1/2 classes, a morning mixed-aged preschool and an afternoon pre-kindergarten, both under the guidance of a credentialed teacher helped by parents. Parents participate in weekly parenting classes, help run the school, and pay a low tuition.

Languages spoken: English is the language of instruction, but many languages are spoken at TPNS.

Eligibility requirements: We welcome any family with children 2 1/2 - 5 years old and potty-trained. Parent participation is required (i.e. attendance at our weekly evening parenting classes, working weekly in one of the child's classes, and participation in two yearly general maintenance days). Our monthly tuition is \$60 for the 4-mornings-a-week class and \$75 for the 5-afternoons-a-week class, and there are 3 cleaning scholarships available.

Through the Looking Glass

2198 Sixth Street, Suite 100, Berkeley, CA 94710-2204

Phone (510) 848-1112, ext.176 Fax (510) 848-4445

Contact person: Kathie Corbus

Services: In home early intervention provided using a team approach with both developmental and family counseling/support services for families with: 1) disabled, delayed (DD) children 0-3 years; 2) at risk children 0-3 years with DD parents. Other therapy services that are funded by grants or private pay include: pediatric occupational therapy (OT); mental health; developmental (children 3 and up), floor time and other services for children on autistic spectrum; infant mental health/family therapy/child therapy for disabled and non-disabled children; adapted baby care equipment and occupational therapy for parents with physical disabilities; professional trainings on working with disabled parents, custody issues for disabled parents, autistic spectrum disorder.

Languages: English, ASL, Spanish, Norwegian, French, Hebrew, Danish

Eligibility: Regional Center funding for children 0-3; parent support for DD parents with kids 3-18 years old in Alameda/Contra Costa Counties.

Developmental (kids 3 - 8), OT, mental health, adapted baby care may be available through private grants.

Tiburcio Vasquez Health Center

33255 9th Street, Union City, CA

Appointment Line (510) 471-5880

Services: Primary Care Clinic- pediatric care, general adult medicine, prenatal care, family planning

Languages: English, Spanish, Tagalog

Eligibility: Residents of Alameda County, payment based on sliding fee scale, we accept Medi-Cal, Medicare, we are managed care providers (Alameda Alliance, Medi-cal Blue Cross, Healthy Families, Family Care), private insurance.

Tiburcio Vasquez Health Center, Family Support Services

567 W. A Street, Hayward, CA 94541

Phone: 510-471-5880 FAX: 510-782-4678

Contact person: Sonya Velasquez

Services provided: A home visiting child development program utilizing Growing Great Kids for infants/toddlers 0 - 36 months old - a strength based, solution focused curriculum using activities to promote infant/toddler bonding to caregivers and accentuate emotional, social and cognitive development

Languages spoken: English and Spanish

Eligibility requirements: Residents in South County - Fremont, Newark, Union City, Hayward for teen parents, all service are free. Sponsored by Alameda County Children and Families Commission

Tiburcio Vasquez Health Center: WIC Program

Addresses:

1. *Union City- Monday- Friday 8:30*

1328 Decoto Rd. Ste 140, Union City CA, 94587

Tel.# (510)471-4913, Fax # (510) 471-4161

2. *Fremont- Monday- Thursday*

39027 State St., Fremont CA 94538

Tel #: (510)471-5913, Fax #: (510) 794-5055

3. *Hayward-- Every Thursday of the month (except 1st Thursday, open some Fridays too- please call for schedule)*

Hayward WIC Program at Tiburcio Vasquez Health Center

22331 Mission Blvd. , Hayward CA 94541

Tel #: (510) 471-4913

4. *San Lorenzo—open almost every Friday*

San Lorenzo High School, Industrial Arts Bldg. Rm. S5

#50 E. Lewelling St, San Lorenzo CA

Tel.# (510) 471-5913

Contact person: Genny Maling, Program Director

Services provided: Provide nutrition and health education, food coupons to buy healthy foods , Referrals to health care and other kinds of help, support and help with breastfeeding.

Languages spoken: Spanish, Farsi, Hindi, Tagalog, Vietnamese, Pashtu, Punjabi

Eligibility requirements: Women who are pregnant, breastfeeding or recently had a baby, infants and children under 5 years old. Low to moderate income levels. With nutritional need.

Tiny Tots—see City of Fremont Tiny Tots

Tiny Treks

Address of agency: PO Box 358 Menlo Park, CA 94026

Phone: 650-322-5650

Website: www.tinytreks.com

Contact person: Pam Worth

Locations in Fremont, Pleasanton, and Menlo Park

Services provided: Tiny Treks is an innovative outdoor program for parents and young children. Brings families together with nature and includes activities such as crawdads at a creek, kite-flying on top of a hill, catching peeper frogs in a meadow and visiting historic farms. Daily activities also incorporate music, art, movement and games.

Languages spoken: English

Eligibility requirements for services: Serving all young children including those with special needs.

Tri-Cities Children's Centers—see Kidango

Tri-City Health Center

39500 Liberty St., Fremont, CA 94538

Phone: 510/770-8133 Fax: 510/770-8145

Contact person: Kathy Lievre

Languages spoken: English, Spanish, Mandarin, Tagalog, Hindi, Punjabi, Farsi, Urdu, Gujarati, Russian

Services provided: Pediatric care, immunization shots, primary care, family planning, prenatal care, teen clinic, HIV Testing/Counseling/Treatment and Hep C testing/clinic. We offer health insurance enrollment & assistance, parenting education, homeless assistance program, Male Involvement Program (MIP) and Workforce Investment Act (WIA) program. We provide quality and accessible medical care for low-income seniors, adults, teens and kids in Southern Alameda County. We are staffed with caring doctors, nurses, and counselors that can understand your culture.

Tri-City Homeless Shelter

588 Brown Road, Fremont CA 94539

Phone: 510-252-0910 FAX: 510-252-0428

Contact person: Ms. Jean Morgan

Services: Sunrise Village, a 66 bed shelter where individuals and their families work with staff to address their needs. Programs include Financial Management, Transportation Assistance, Recovery Self-Help Groups, Case Management, Job Counseling, Life Skills Workshops, Transitional Housing, Parenting Classes and Homeless Outreach.

Languages: English

Eligibility: We serve the tri-city area

Tri-Valley Haven

3663 Pacific Avenue, Livermore, CA. 94550 (925) 449-5845

Phone: (925) 449-5845 Fax number - (925) 449-2684

Contact person- Children's Resource Specialist

Services provided: Bilingual (Spanish/English) parenting classes, support groups, & outreach/referral to other programs at Tri-Valley Haven and the Tri-Valley area.

Eligibility requirements for services: For people who have children under 5 years of age, or expectant parents (includes grandparents raising grandchildren, single fathers).

Washington Hospital Childbirth and Family Services

2299 Mowry Ave Suite 2C Fremont 94538

Telephone: 510 791 3423

Contact person: Kathy Hesser RN CCE IBCLC

Services provided: Free Baby N Me Support Groups, Free Prenatal Smart Start Class and other maternal/child classes including Childbirth Prep, Becoming New Parents and Breastfeeding classes for fee, Low cost Lactation Support and free LATCH clinics (group support for confirming correct and comfortable breastfeeding latch and working through engorgement in the first week or two).

Languages spoken: English only. Limited Spanish on Fridays at "Mi bebe y yo" (Baby N Me Spanish-speaking support group Friday 10 am - 2 pm; contact 728-4311 for more information)

Eligibility requirements: Baby and Me and LATCH Clinic for those living in the tri-city area (LATCH clinic for mothers and babies with female support only).

Lactation Services: Initial Visit \$45, Follow up \$35 Brief: \$25 Call for appointment and information on clinic times 510 494 7013

WIC—See Women, Infants and Children Program, See Fremont WIC, See Tiburcio Vasquez Health Center WIC Program

Write to Read, Alameda County Library Adult Literacy Program

2450 Stevenson Blvd, Fremont 94638-2326

Phone: 510 745-1493 or 510 745-1480 Fax: 510 745-1494

Contact person: Darlene Garcia or Rachel Parra

Services: Free reading, writing, spelling and phonic small group classes for adults

Languages spoken: English

Eligibility: We service 11 sites in Alameda County; currently we offer small group classes in Fremont, Newark, Union

City, San Lorenzo libraries. All classes are taught by educated teachers.

Classes are offered morning and nights